



## TRIP NOTES KANGAROO ISLAND

Here are the trip notes for your upcoming five-day Kangaroo Island tour. The trip departs from Adelaide.

### Pick up location

We pick up from the Chifley on South Terrace, 226 South Terrace at 6.20am for a 6.30am departure and return you to the same location in the afternoon of the final day about 5pm or to the Adelaide airport.

### Trip overview:

Located just 15 kilometres off the coast, but seemingly a million miles away, Kangaroo Island is a sanctuary for wildlife and natural rugged beauty. Enjoy breathtaking sights and picturesque scenery, see Australian Fur Seals up close and personal, spot platypus and visit the Remarkable Rocks.

Experience this beautiful part of Australia and explore one of the country's most scenic destinations. Your time away on Kangaroo Island allows you to experience the beauty and wonder of the natural environment enjoying excellent accommodation and delicious meals.



### DAY ONE

**4km (approx. 2 hours) – easy/moderate**

Depart central Adelaide at 6.30am

Trip to Cape Jervis – board Sealink Ferry for a 9am departure. The trip is a scenic 45-minute crossing, known as the Backstairs Passage, across to Penneshaw and Kangaroo Island.

Mid-morning walk along the Iron Hill Cove Hike in the Baudin Conservation Park. This short walk follows the historic Bullock Track towards Cape Willoughby and leads to Ironstone Hill, overlooking a magnificent coastal vista. On this walk you get a sense of the area's farming heritage and see some beautiful seascapes.

In the afternoon, we head to Seal Bay for a tour with local park rangers to see the Sea Lion colony up close and personal. Seal Bay is home to the third largest population of one of the world's rarest marine mammals – the Australian Sea Lion. Here we walk down onto the beach and witness Sea Lions in their natural habitat providing an amazing experience.

Overnight at Flinders Chase Farm Stay

Meals – lunch and two course dinner

### DAY TWO

**10 km – Hanson Bay Hike, approx. 4 hours (moderate) and 1km Admirals Arch (easy)**

After breakfast and lunch making we take a short drive to beautiful Hanson Bay, where we will begin our one-way walk to Kelly Hill Caves. This is one of the island's best-known walks which passes through pink gum woodlands, banksia heath, Mallee and coastal heath, past freshwater lagoons and over dunes that provide vistas inland and along the coast. We enjoy lunch on the trail. In the afternoon, we take a Ranger guided tour of the Show Cave at Kelly Hill, which provides a wonderful opportunity to appreciate the spectacular and ornate limestone formations of this underground world.

In the afternoon, we wander around the fabulous formations of Admirals Arch, home to a thriving colony of New Zealand and Australian Fur Seals. This easy boardwalk offers amazing coastal views.

Overnight at Flinders Chase Farm Stay

Meals – breakfast, lunch and dinner

## DAY THREE

**16 km, approx. 7 hours (moderate) - Snake Lagoon to Cape Du Couedic Cottages**

Today we walk a section of the Kangaroo Island Wilderness Trail from Snake Lagoon to Cape du Couedic. The trail heads south towards the mouth of the Rocky River, then turns south east along the coastline of the wild Southern Ocean.

Walkers on this section of the trail will experience colourful coastal plants, and the stunning and rugged beauty of the Flinders Chase National Park.

This is a spectacular walk, but is quite exposed to the coastal conditions and has a short section of beach walking. If the weather is extremely windy or stormy we may replace this with an alternative walk.

The walk finishes at the Cape Du Couedic Cottages

Overnight at Flinders Chase Farm Stay

Meals – breakfast, lunch and dinner

## DAY FOUR

**6.5 km, approx. 3 hours combined (easy) Weirs Cove and Rocky River trail**

After breakfast and lunch making we take a short morning walk to Weirs Cove (approx. 1.5kms) – one of the most spectacular lookouts on the island. This short walk starts at the Cottages and finishes at historic ruins, which provide an insight into the extreme hardship of the lightkeepers. Here you will discover the method of landing people and supplies along this treacherous coastline and you may also spot seals frolicking in the bay below.

We then head onto part of the Rocky River trail, and incorporate the Platypus Pools, where you have the chance to glimpse platypus in their natural surrounds. After lunch and a stopover at the Flinders Chase Visitor Centre we drive to Kingscote where we stay for our last night on the island, at the Ozone Hotel. Dinner tonight is at your own expense.

Overnight at Ozone Hotel, Kingscote

Meals – breakfast & lunch (dinner at guest expense)



## DAY FIVE

**4km, approx. 2 hours (easy) Deep Creek Conservation Park**

After breakfast and lunch making we pack up and depart our accommodation.

We take a morning ferry trip from Penneshaw back to the mainland and continue on to our last walk for the tour – The Goondooloo Ridge Walk.

We take this short walk along a stunning section of the Deep Creek Conservation Park. The views overlooking the Southern Ocean are vast and the track itself is easy. The park is the largest remaining block of wildlife habitat on the Fleurieu Peninsula and is home to an array of native wildlife. Look out for western grey kangaroos, short-beaked echidnas or some of the 100 bird species that can easily be heard or spotted when walking in the park. The walking trail provides spectacular views of the Backstairs Passage, Cape Willoughby Lighthouse and beyond, on Kangaroo Island and the rugged Deep Creek Valley.

Approx. 4.30 drop off to Adelaide airport and a 5pm return to The Chifley Hotel in Adelaide. **For guest flying out of Adelaide – please book flights from 6.30pm)**





**Accommodation at Flinders Chase Farm Stay**  
Lodge style accommodation in a rural setting at Flinders Chase Farm Stay. Set on an island working farm Flinders Chase runs sheep, cattle and cropping potatoes. The accommodation is surrounded by well maintained native gardens, creating a relaxed enjoyable ambience.

#### **Ozone Hotel, Kingscote**

Accommodation is twin share rooms, unless single supplement has been organised. Accommodation is comfortable and of a 3.5-star standard.

#### **Where we depart from in Adelaide.**

Our point of departure for the trip is from The Chifley Hotel on South Terrace at 6.30am. The early start is necessary in order for us to make a 9.00 am ferry crossing from Cape Jervis over to Penneshaw on Kangaroo Island.

#### **Single Supplements**

A single supplement is available at the time of booking. If you want to have a room to yourself the total single supplement amount payable is \$280 for the four nights.

#### **Items that are Own Expense**

Below are items that are own expense and their approximate costs. We will be eating out on the evening of Day 4 at the Ozone Hotel.

This **meal is at your own expense**. Allow around \$50 for your meal. There are other incidental expenses such as coffees, ice-creams etc. at some of our stops.

#### **Luggage**

We'd ask that you bring a soft bag of max 15kg instead of a solid suitcase. Soft bags are more forgiving in terms of storage and easier for us to handle. Please also be aware that your luggage may get dust on it while travelling in the trailer.

## **ABOUT THE MEALS**

The food we serve is healthy, hearty and home style. Our menus are designed to showcase the fabulous regional produce. Fresh local cheese, yoghurt, fruit, vegetables, fish and meats are used, supporting local farmers and minimising our food miles. We don't offer five-star dining, but our guides take pride in ensuring that all meals are delicious and plentiful, prepared with top-quality fresh seasonal ingredients.

**Breakfast** is a continental spread of cereals, stewed fruit, yoghurt, toast and spreads. Coffee and tea are always available at your base accommodation.

**Lunch** can vary from day to day, but includes meat, salad, bread and wraps. Some days might include something different like roasted chicken.

**Dinner** is a casual two-course meal of main and dessert prepared by your guides. The menu changes to suit available fresh produce but could include a classic roast lamb, salmon fillet or Thai chicken. Dessert may include things like maple baked apples, pears in red wine or seasonal fruit salad.

**Snacks** Guests can prepare their own trail mix each morning from our self-serve trail mix selection. There will be fresh fruit for the trail and biscuits or fruit cake for tea breaks.

**Pre-dinner antipasto** Each evening we prepare a selection of antipasto delights, dips, cheese and crackers before dinner.

**Dietary requirements** We are able to accommodate guests' specific dietary requirements and can prepare meals to meet individual needs.

**Alcohol** Our tours do not include alcoholic beverages, however guests are most welcome to bring wine/beer along with them. If you are bringing bottled wine, please pack this well in your main bag to avoid breakages.

**We do stop at Penneshaw on Kangaroo Island where you can purchase alcohol from the local hotel.**

## PACKING LIST - WHAT TO PACK

You need your own personal clothing, a pair of comfortable walking boots, toiletries and any personal medication.

The most important item for you to have with you is a reliable pair of walking boots. Runners and flat-soled shoes will not suffice except as something you can wear after the day's activity. Weather can be quite variable in Kangaroo Island, so a waterproof jacket is very important to pack on all trips, regardless of the weather forecast.

## GEAR LIST

**Please bring you gear in a soft bag rather than hard suitcase to help guides pack the trailer.**

DAY PACK—recommend approx. 20 litres, with a load bearing harness

As a walker you will need to have your own day pack and water bladder and suitable hiking shoes/boots. Here is a suggested list of what walkers will need to be wearing or have in their day pack:

- rain jacket
- a fleece jacket
- wide-brimmed hat for sunny days
- beanie or woollen hat for cold days
- water bottle or drinking bladder, min 2 litre
- high factor sunscreen
- lip balm
- blister pads and / or tape for rubbing and/or blisters
- antiseptic hand gel
- sun glasses
- walking poles (optional)
- gaiters (optional)
- camera
- binoculars
- spare batteries for all devices/charger

## MAIN BAG

Your main bag stays at Flinders Chase Farm Stay/Ozone Hotel for the duration of the trip. You only carry your light day pack while walking.

- 2 pairs long and/or short pants. Preferably loose fitting, lightweight and quick drying
- 2 x Long sleeved shirts
- 4 x T-shirts
- fleece jacket/woollen sweater – something warm
- rain jacket/ spray jacket
- swimmers/bathers and towel (optional)
- walking socks
- if rain is expected, then having a set of thermal under garments can keep you warm in the face of blustery conditions
- a woollen or fleece hat for cooler weather
- lightweight, quick drying towel
- waterproof, reusable bag for worn clothing
- Comfortable shoes and clothing for evenings and activities
- Underwear
- Toiletries— shampoo/conditioner, body wash, deodorant, sanitary products, insect repellent, toothpaste etc.



## LIST OF WHAT WE PROVIDE:

- Two Park Trek guides, who will drive, cook and care for you.
- Transport which includes pickup and drop off from Adelaide. We use a comfortable 12 seater mini coach with a trailer attached for luggage.
- 3 dinners, 5 lunches, 4 breakfasts, trail mix, nibbles, fresh fruit
- We always have the kettle ready to boil, plenty of tea, coffee, hot chocolate and biscuits.
- 4 nights accommodation on a twin share basis (single supplement available at additional expense).

## POST TOUR INFORMATION:

**We drop back into Adelaide around 5pm. If you are flying out that night, you'll need to book a flight out after 6.30pm.**

### Pre and Post tour accommodation

We pick up from the Chifley on South Terrace  
Tel: 08 8223 4355 at 6.30am on day 1 of the trip.

If you are looking for accommodation other than the Chifley, here are some options:

- Sage Hotel Adelaide—Ph: (08) 8223 2800
- Hilton Adelaide—Ph: (08) 8217 2000
- Adabco Boutique Hotel—Ph: (08) 8100 7500
- South Terrace Motel - Ph: (08) 8223 2800