



TRIP NOTES

KANGAROO ISLAND

5 Day Walking Holiday

The trip departs from Adelaide.

Pick up location

We pick up from the Chifley on South Terrace, 226 South Terrace at 6.20am for a 6.30am departure and return you to the same location in the afternoon of the final day about 5pm or to the Adelaide airport.

Trip overview:

Located just 15 kilometres off the coast, but seemingly a million miles away, Kangaroo Island is a sanctuary for wildlife and natural rugged beauty, but has taken a big hit from the 2020 bushfires.

The western end of the island is off limits at present, but there are still breathtaking seascapes, picturesque scenery, and the Sealion sanctuary is open for visits to get up close and personal. The natural regeneration of the burnt areas is also fascinating and encouraging to see.

Experience this beautiful part of Australia and explore one of the country's most scenic destinations. Your time away on Kangaroo Island allows you to experience the beauty and wonder of the natural environment enjoying excellent accommodation and delicious meals.

Our Kangaroo Island walks take in Iron Stone Hill, Cape Willoughby Lightstation, Prospect Hill, Beyeria Conservation Park, Murray Lagoon, The Remarkables and American River, Penneshaw and Kingscote towns.



DAY ONE

5km (approx. 2 hours) – easy/moderate

Depart central Adelaide at 6.30am. Trip to Cape Jervis – board Sealink Ferry for a 9am departure. The trip is a scenic 45-minute crossing, crossing the so-called Backstairs Passage, across to Penneshaw and Kangaroo Island.

Mid-morning we walk from Penneshaw, discovering historic features along the beach on the way to the Ironstone Hill Hike in the Baudin Conservation Park. This walk follows the historic Bullock Track towards Cape Willoughby and leads to Ironstone Hill, overlooking a magnificent coastal vista and revealing some of the area's farming heritage.

In the afternoon, we head to the south-east corner of the island, where a short walk around the Cape Willoughby Lightstation will reward us with magnificent seascapes and more history at South Australia's oldest lighthouse. Then it's off to our accommodation at American River settlement, for pre-dinner nibbles and a delicious two-course dinner prepared by your guides.

Accommodation—Ulonga Seaviews, American River
Meals—lunch and dinner

DAY TWO - Prospect Hill & Murray Lagoon

7 km – approx. 2 hours, easy

After breakfast and lunch making we take a short drive to Prospect Hill, where a nice heart-starter rewards us with sweeping views of the inlets, forests and dunes of the narrowest part of the island.

Then it's off to Murray Lagoon in the centre of the island, where the Curley Creek, Bald Hill and Timber Creek Walks allows us to experience tea-tree wetlands and a great variety of birdlife on the waters.

Next up we drive to Seal Bay for a tour with local park rangers to see the Sea Lion colony up close. Seal Bay is home to the third largest population of one of the world's rarest marine mammals – the Australian Sea Lion. Here we walk down onto the beach and witness Sea Lions in their natural habitat providing an amazing experience.

Upon returning to American River you will have a chance to relax or take yourself on the history trail winding its way through the town area (5km), in time for our next nibbles and dinner, prepared with aplomb by your guides.

Accommodation—Ulonga Seaviews, American River
Meals – breakfast, lunch and dinner

DAY THREE

Sightseeing West End of KI

At present, Flinders Chase National Park is closed for all but the Remarkables rock formations. These iconic sculpted granite outcrops are surely unmissable, so we will make a day of driving to the far end of the island. We will firstly drive towards Cape Borda lighthouse, and witness the amazing views from the island's highest cliffs at Harvey's Return.

Continuing along the West End Highway, we will be skirting the Park, as well as large tracts of farmland recovering from the 2020 fires. In the Cape du Coedic lighthouse area we will explore as much of the Remarkables, Admirals Arch and the lighthouse environs as restoration efforts allow.

The return along South Coast Road passes the tiny settlement of Vivonne Bay, also drastically affected by the fires, before a stop to experience "Little Sahara" – 2 square kilometres of sand dunes, up to 70m high. A walk through the dunes will be a great leg stretch..

On the way back we can stop at a winery or two to sample some of the island's fine wines, and perhaps select a bottle or two to have with tonight's meal - two courses prepared by guides.

Accommodation—Ulonga Seaviews, American River Meals—breakfast, lunch and dinner



DAY FOUR—American River & North Coast

(8km, approx. easy)

After breakfast and lunch making we take a short morning walk to the ruins of a fish cannery on the foreshore, returning for morning tea at our accommodation. Then we will take the one-way Independence Walk south of the township, continuing on by vehicle to Beyeria Conservation Park. Here a short circuit walk will reveal the incredibly rich mallee vegetation community, showcasing some of KI's rare endemic plants. Then it's off to Kingscote, the island's biggest town.

Lunch will be on the grounds of the Island Beehive, where we can take a tour of the honey-making processes and observe an active beehive. Then a stroll through the Reeve's Point Historic Site will inform us of the interesting story behind South Australia's first settlement, pre-dating Adelaide.

Following the North Coast road winding amongst farmland and headlands, we can pull in to a beach or two for a toe-dip (or something more serious if the weather is favourable), before heading back to Kingscote. Here there will be time for a ramble through the harbour area with its basking seals before we enjoy a pub-style meal together at the Ozone Hotel (fabulous bay views as the sun sets).

Accommodation: Ozone Hotel
Meals—breakfast and lunch



DAY FIVE

4km, approx. 2 hours (easy) Deep Creek Conservation Park

After breakfast and lunch making we pack up and depart our accommodation.

We take a morning ferry trip from Penneshaw back to the mainland and continue on to our last walk for the tour – The Goondooloo Ridge Walk. We take this short walk along a stunning section of the Deep Creek Conservation Park. The views overlooking the Southern Ocean are vast and the track itself is easy. The park is the largest remaining block of wildlife habitat on the Fleurieu Peninsula and is home to an array of native wildlife. Look out for western grey kangaroos, short-beaked echidnas or some of the 100 bird species that can easily be heard or spotted when walking in the park. The walking trail provides spectacular views of the Backstairs Passage, Cape Willoughby Lighthouse and beyond, on Kangaroo Island and the rugged Deep Creek Valley.

Approx. 4.30 drop off to Adelaide airport and a 5pm return to The Chifley Hotel in Adelaide.

For guest flying out of Adelaide – please book flights from 6.30pm

Meals—breakfast and lunch



THINGS TO NOTE

Tour inclusions

- Three nights at Ulonga Seaviews, American River, one night at the Ozone Hotel, Kingscote
- 4 breakfasts, 4 lunches and 3 dinners
- All transport and guiding
- Pick up and drop off Adelaide
- Ferry crossing from the mainland to Kangaroo Island and return
- Guided tour at Seal Bay to see Australian sea lions

Accommodation

Ulonga Seaviews, American River, Kangaroo Island — 3 nights

Two modern 4-bedroom units on the foreshore at American River settlement, with pleasant outdoor BBQ area and large common room.

Ozone Hotel, Kingscote — 1 night

Hotel-style accommodation in the heart of Kingscote.

Where we depart from in Adelaide.

Our point of departure for the trip is from The Chifley Hotel on South Terrace at 6.30am. The early start is necessary in order for us to make a 9.00 am ferry crossing from Cape Jervis over to Penneshaw on Kangaroo Island.

Single Supplements

A single supplement is available at the time of booking. If you want to have a room to yourself there will be an extra charge payable upon booking.

Luggage

We'd ask that you bring a soft bag of max 15kg instead of a solid suitcase. Soft bags are more forgiving in terms of storage and easier for us to handle. Please also be aware that your luggage may get dust on it while travelling in the trailer.

ABOUT THE MEALS

Breakfast is continental style, comprising of cereals, stewed fruit, toast, spreads and yoghurt.

Lunch can vary from day to day, but includes meat, salad, bread and wraps, some days we will have roasted chicken and salad, and others quiche to mix things up a bit.

Dinner is a casual two-course meal of main and dessert prepared by your guides. The menu is constantly changing but can include a classic steak on the barbecue, chicken korma or salmon fillet. Dessert can include maple baked apples, pears in red wine, fruit salad or pavlova to name just a few.

Snacks and nibbles - There are plenty of snacks and nibbles during the trips including fresh fruit for the trail, biscuits and/or fruit cake for tea breaks. Each night we offer dips, cheese and crackers for a pre-dinner nibbles and a self-serve trail mix selection at the beginning of each day.

The food we serve is healthy, hearty and home style. We don't offer five-star chef prepared dining but the food is fresh and our guides make sure it is tasty and plentiful. We are able to accommodate guests' specific dietary requirements and can always prepare a meal to meet individual needs, with prior notification.

Park Trek offers non-alcoholic beverages while on tour, but does not include alcoholic beverages. We do however welcome guests to bring wine/beer along with them. If you are bringing bottled wine please pack this well in your main bag to avoid breakages.

We do stop at Penneshaw on Kangaroo Island where you can purchase alcohol from the local hotel, or from one of the wineries we visit.

PACKING LIST - WHAT TO PACK

You need your own personal clothing, a pair of comfortable walking boots, toiletries and any personal medication.

The most important item for you to have with you is a reliable pair of walking boots or shoes and good walking socks. Weather can be quite variable in Kangaroo Island, so a water-proof jacket is very important to pack on all trips, regardless of the weather forecast.

GEAR LIST

Please bring your gear in a soft bag rather than hard suitcase to help guides pack the trailer.

DAY PACK—recommend approx. 20 litres, with a load bearing harness

As a walker you will need to have your own day pack and water bladder and suitable hiking shoes/boots. Here is a suggested list of what walkers will need to be wearing or have in their day pack:

- rain jacket
- a fleece jacket
- wide-brimmed hat for sunny days
- beanie or woollen hat for cold days
- water bottle or drinking bladder, min 2 litre
- high factor sunscreen
- lip balm
- blister pads and / or tape for rubbing and/or blisters
- antiseptic hand gel
- sun glasses
- walking poles (optional)
- gaiters (optional)
- camera
- binoculars
- spare batteries for all devices/charger

MAIN BAG

Your main bag stays at the accommodation. You only carry your light day pack while walking.

- 2 pairs long and/or short pants. Preferably loose fitting, lightweight and quick drying
- 2 x Long sleeved shirts
- 4 x T-shirts
- fleece jacket/woollen sweater – something warm
- rain jacket/ spray jacket
- swimmers/bathers and towel (optional)
- walking socks, preferably woollen. Cotton is not ideal as it does not reduce friction
- if rain is expected, then having a set of thermal under garments can keep you warm in the face of blustery conditions
- a woollen or fleece hat for cooler weather
- lightweight, quick drying towel
- waterproof, reusable bag for worn clothing
- Comfortable shoes and clothing for evenings and activities
- Underwear
- Toiletries— shampoo/conditioner, body wash, deodorant, sanitary products, insect repellent, toothpaste etc.



LIST OF WHAT WE PROVIDE:

- Two Park Trek guides, who will drive, cook and care for you.
- Transport which includes collecting from the Chifley Hotel in Adelaide and returning to either the Chifley or the airport. We use a comfortable mini coach with a trailer attached for luggage. We also use the coach to drop off and pick up during the day
- 3 dinners, 5 lunches, 4 breakfasts, trail mix, nibbles, fresh fruit
- Tea/coffee/hot chocolate and biscuits/cake.
- 4 nights accommodation on a twin share basis (single supplement available at additional expense).

POST TOUR INFORMATION:

We drop back into Adelaide city around 5pm, or the Adelaide Airport about 4.30pm. If you are flying out on the last night, you'll need to book a flight out after 6.30pm.

Pre and Post tour accommodation

We pick up from the Chifley on South Terrace
Tel: 08 8223 4355 at 6.30am on day 1 of the trip.