



KAKADU, ARNHAM LAND & LITCHFIELD NATIONAL PARK WALKING TOUR

6 DAYS | 30KMs | Track grading: Easy to Difficult

Over six days you will take in the highlights of one of UNESCO world heritage listed areas, being guided by two qualified and experienced guides. As you journey through Kakadu, Litchfield and Arnhem Land, you will walk among significant rock art sites learning stories of the oldest living culture on earth, and adventure through ecosystems which are home to some incredibly old and diverse species.

WHAT TO EXPECT ON THIS WALKING EXPERIENCE:

Embark on a captivating journey as we traverse the enchanting landscapes of Kakadu, Litchfield National Park, and Arnhem Land. These extraordinary UNESCO World Heritage-listed regions stand as Australia's paramount wilderness, boasting geological, biological, and cultural significance.

Immerse yourself in a six-day adventure, beginning with the time-honored terrain of Litchfield, sculpted by the forces of water. Experience views from the tops of rocky escarpments, swim at the base of waterfalls and in crystal clear waterholes, marvel at the unique magnetic termite mounds standing several meters in height and wander through monsoon rainforest while enjoying abundant birdlife.

Your time in Kakadu is spent cruising on the Yellow Water Billabong, spotting crocs and a plethora of birds, viewing incredible rock art sites, hiking the challenging and rewarding Barrk circuit around a huge sandstone outlier, enjoying views from the iconic cultural site of Ubirr and jumping on board with Top End Day Tours for a unique exploration of Arnhem Land.

You will absorb narratives from the world's oldest living culture, traverse revered rock art sites, and explore ecosystems housing an array of diverse species.

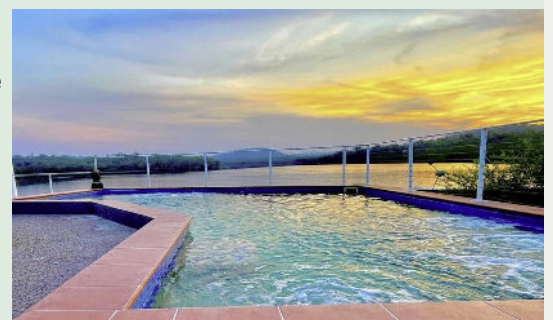
Renowned as one of Australia's most iconic locations, this journey promises inspiration and awe at every turn.

OUR ACCOMMODATION

Your five nights are spent across two accommodation locations, the first on the doorstep of the Litchfield National Park on Lake Bennett in private lakeview suites. Each suite has a balcony, an ensuite and bar fridge.

Your Kakadu accommodation in Jabiru is one and two bedroom cabins, each with an ensuite and kitchenette.

Both locations have air conditioning in the rooms, a bar and restaurant, and a swimming pool or lake to cool off after your days out in the heat.



DAY ONE

Walker Creek and Wangi Falls

Distance: 6.5kms. Grade: 2 - 3 easy to moderate

As we set off on our first walk within the Litchfield National Park, we traverse 5kms along the edge of the crystal clear Walker Creek. With opportunity for a refreshing dip in one of the many pristine water-holes we enjoy the tranquility of this incredible National Park shaped by water.

Spot local wildlife including the agile wallaby while listening to some of the curious bird calls from the variety of birdlife that inhabit this forest area. Your guides are full of local knowledge and will help you spot and identify some of them.

From here we go to Wangi Falls, one of Litchfield's most iconic sites. On this short but rewarding walk, you climb to the top of the escarpment for a beautiful view before heading back to the base of the falls for a lovely swim too cool off.

As we make our way to our accommodation, we stop by some of the remarkable magnetic termite mounds. The mounds stand up to two meters tall and are up to 100 years old, these structures are unique to the Northern Australia.

Once we have checked in you will have time to settle in, have a swim or enjoy a drink and the sunset on the deck by Lake Bennet. Your guides will prepare a lovely nibbles platter for you and you will enjoy a beautifully prepared group dinner.



WHAT TO WEAR

We recommend wearing light weight cotton or linen clothing, a long sleeve shirt is a good idea for sun protection and you will need your walking boots, hat and sunscreen, bathers and a light weight towel ready upon pick up from Darwin for your first day of walking. Please ensure you have these items in a day pack of least 20 liters packed and ready to go. You will also need at least 2 - 4 liters of water capacity in a camel pack or reusable bottles along with some hydro-lytes.

Other useful items to bring along each day may include mosquito repellent, a fly net, a pair of sandals for after swimming and a pair of ankle gaiters/sock protectors. *Your guides will let you know each evening if you need swimmers or anything specific the following day.



DAY TWO

Tolmer Falls, Greenant Creek, Florence Falls and Buley Rockhole

Distance: 5kms. Grade: 2 easy

Our morning routine consists of breakfast and making up our lunches to take on our days adventures.

This morning, we make our way back to Litchfield NP where we firstly walk to the lookout of Tolmer Falls. From the viewing platform you see these spectacular falls cascading over two escarpments into one deep plunge pool. We then head to Greenant Creek where the short walk meanders through rainforest to another attractive plunge pool. Typically uncrowded, there is abundant birdlife including colorful red-winged parrots, double-bar finches and kingfishers. These large pools also attract monitors, orange-footed scrubfowl and rainbow bee-eaters.

The Florence Creek Walk links Florence Falls and Buley Rockhole, both offering beautiful swimming opportunities. We can start the walk at either end and follow the trail through cool monsoon rainforest. This area is another hotspot for the unique birds found in the area, you may even see black flying foxes roosting in the trees.

Our evening again consists of some time for you to relax and enjoy nibbles with the group before we enjoy dinner at our accommodation restaurant.



DAY THREE

Litchfield to Kakadu -

Warradjan Cultural Centre, Yellow Water Cruise and Mardukal Billabong

After breakfast and lunch making, we check out and begin the next step of our journey. We say goodbye to Litchfield and make our way to Kakadu National Park.

Our drive is approximately four hours via Pine Creek where we stop for some lunch and a break.

Upon arriving into Kakadu National Park we will visit the Warradjan Aboriginal Cultural Centre, a must see for this region. Here we will take time to view artefacts and authentic art which illustrate the stories of the traditional owners of Kakadu and hear stories of personal histories and bush tucker.

We then take a short walk by the Mardukal Billabong, lined with andjimjim (water pandanus) and towering silver leaved paperbarks.

This afternoon we hop on board the Indigenous-owned Yellow Water Cruise, where you will wind through the world-famous Yellow Water Billabong. Here you will experience a distinct ecosystem and witness the rich wildlife; whistling ducks, magpie geese, jabirus & salt water crocodiles. A highlight of this fantastic tour.

After our beautiful sunset cruise we make our way further north to Jabiru. We enjoy dinner at our accommodation restaurant before checking into our self contained cabins for the evening.



DAY FOUR

Top End Day Tours - Arnhem Land - Injalak Hill

Distance: 5kms. Grade: 2 easy

Today we embark on an extraordinary cultural day tour into the restricted and exclusive realm of Arnhem Land, an experience that is truly one-of-a-kind. This secluded region is accessible only to a select group of tour operators, closed to public visitation, making this part of your journey a once-in-a-lifetime opportunity.

Our route takes us through Cahills Crossing, a renowned river crossing teeming with Saltwater Crocodiles, adding an element of adventure to our exploration. Navigating the road, we arrive at the Injalak Arts Centre, where we meet with our indigenous guide. Venturing deeper into Arnhem Land, our journey includes a stop at Injalak Hill. Here, guided by our local expert, we embark on a walk up the hill, delving into captivating historical insights about the area and its mesmerising rock art. This immersive experience promises to be an unforgettable exploration of culture and history.

We enjoy lunch atop the rocky escarpment, where the view out over the floodplains is simply breathtaking.

Then it's back to the Arts Centre for an opportunity to browse or purchase art items from this non – profit Aboriginal organisation, and watch local Aboriginal people painting and weaving pandanus baskets. With its stunning scenery of billabongs, birds & escarpments Arnhem Land is truly a place where you can experience this unique untouched region of the Northern Territory.

From here, Ubirr is our next destination for the late afternoon and sunset. Here we embark on an easy 1km circular walk followed by a moderately steep climb to a rocky outlook, where we have the opportunity to view Kakadu rock art. There are three main sites of rock art to experience at Ubirr. You will see representations of the many animals the Aboriginal people hunted. Important Dreamtime ancestors such as the Namarrgarn Sisters and a magnificent Rainbow Serpent are also represented in their respective galleries.

Stay for the beautiful and iconic sunset and some nibbles before returning to our accommodation for a delicious meal prepared by your guides.



DAY FIVE

Nourlangie, Barrk Sandstone Walk and Anabangbang Billabong

Distance: 12kms. Grade: 2 - 4 easy to difficult

This morning we have an early start, after breakfast and lunch making we visit the amazing Nourlangie Rock Art site and embark on the 12km Barrk Sandstone Walk.

At Nourlangie you can see how local Aboriginal people lived in and cared for this area through changing times. Environmental and social changes are reflected in the rock art and in the ground, where archaeologists have uncovered over 50,000 years of Aboriginal occupation.

The walk here takes you through what was a wet season home for generations of Aboriginal people. The rock art here is simply astounding and you will see the world-famous Namarrgon, lightning man, (among many others) at Anbangbang gallery.

The beautiful walk around Anbangbang Billabong is not to be missed and you get a spectacular view of Nourlangie from this trail. A myriad of birdlife can also be spotted here from Jabiru to Broolga, magpie geese to spoonbills.

The Barrk Sandstone Walk takes you from Anbangbang Gallery to the top of Burrunggui (Nourlangie), across the top of a large sandstone outlier - an island standing above the surrounding woodland, then down a gully to the woodland at the base. The ground is rough in places and there are some steep slopes. There is a midway exit point and depending on the heat and group ability, we may choose to exit the walk here or continue for the full loop. **Your guides will decide this with the groups best interest in mind - it is possible the entire loop may not be safely completed owing to heat or other factors on the day.*

In the evening back at your accommodation you will enjoy some pre dinner nibbles and a two course meal provided by your guides.



DAY SIX

Mamukala Wetlands, Corroboree Billabong and Berry Springs

Our last day is a leisurely day stopping at a range of locations enroute back to Darwin.

After breakfast and lunch making we pack up and check out. There is time to visit the Marrawuddi Arts and Culture Centre in Jabiru if you haven't already before we make our way to the Mamukala wetlands. A short walk here gives opportunity to spot a variety of birds and Saltwater Crocodiles.

From here we make our way to Corroborree Billabong for some more bird watching and to marvel at the stunning pink backdrop of the pretty banks of the billabong, flanked by rows of colorful lotus flowers and water lilies.

Our last stop is at Berry Springs, a picturesque spot with clear shady pools, here you can enjoy your final and well earned swim before saying goodbye back in Darwin.

We return to Darwin by approximately 5pm.

Despite this being the most temperature time of the year, day time temperatures are around 30-32 degrees.

Keeping yourself protected from the sun and properly hydrated both during the walks and outside of the walks is important in maintaining your personal well being. Remember to make an effort to keep your fluid levels topped up.

Please note - some walks are highly weather dependent due to the region's exposed environment, this itinerary may be altered to adhere to Parks closures and warnings. In this case, your guides will alter the itinerary accordingly where necessary. They will always strive to provide the most scenic walks possible based around the local conditions.

**Please note that on occasion some walks, waterholes and waterfalls are closed due to crocodiles entering the waterways, this is monitored closely and may impact some of our planned itinerary.*

OUR COMMITMENTS & OTHER MATTERS

Our sustainable tourism commitment

As part of our commitment to being an Eco-friendly tour operator, which includes minimising and offsetting our carbon emissions, we also suggest you bring along your own food containers (medium size for lunch, and small for trail mix), beeswax lunch wrap, keep cup etc. if you have them. Please do not buy any of these items if you don't have them. We will supply containers for lunches.

Our commitment to reconciliation

Park Trek acknowledges the Traditional Owners of Country and recognizes their continuing connection to land, water, skies and culture. We pay our respects to their elders past, present and emerging. We support the Uluru Statement from the Heart, and through our RAP (Reconciliation Action Plan), among other things, we are committed to reconciliation.

Travel insurance and other matters

Park Trek strongly recommends travel insurance, please check with your individual provider for more information regarding coverage for unforeseen circumstances, e.g. flight delays, illness or Covid-19. Please refer to our T's & C's on our website for more information.

A note to nature

All of our tours are subject to the occasionally unpredictable forces of nature. Indeed this is the spirit and attraction of adventure. As such our guides may alter our proposed tour itinerary where necessary having regard to Governmental changes, environmental and safety considerations. They will always strive to provide the most scenic and enjoyable walks possible in the environmental circumstances.

Please refer to the [Australian Walking Track Grading System](#) for grading of all walks on this tour.

Our guides hold the experience and knowledge that enables them to adjust our itinerary on any given day in regard to group safety and consideration and hold to right to do so at their discretion.



OUR MEALS ON TOUR

The food we serve is healthy, hearty and home style. Our menus seek to showcase regional produce. Fresh local cheese, yoghurt, fruit, vegetables, and meats are used, supporting local farmers and minimising our food miles. Our tours accommodate most dietary needs, please specify this at time of booking.

Breakfast is a continental spread of muesli, fruit, yoghurt, toast and spreads. Coffee and tea are always available.

Lunch can vary from day to day, but includes sliced meat, salad, rolls, bread and wraps. Some days might include something different like roasted chicken.

Dinner is a casual two-course meal of main and dessert prepared by your guides. The menu changes to suit available fresh produce but could include a taco salad, laksa, curry or similar. Dessert may include things like apple crumble, mini pavlovas or seasonal fruit salad. Occasionally we dine in local restaurants.

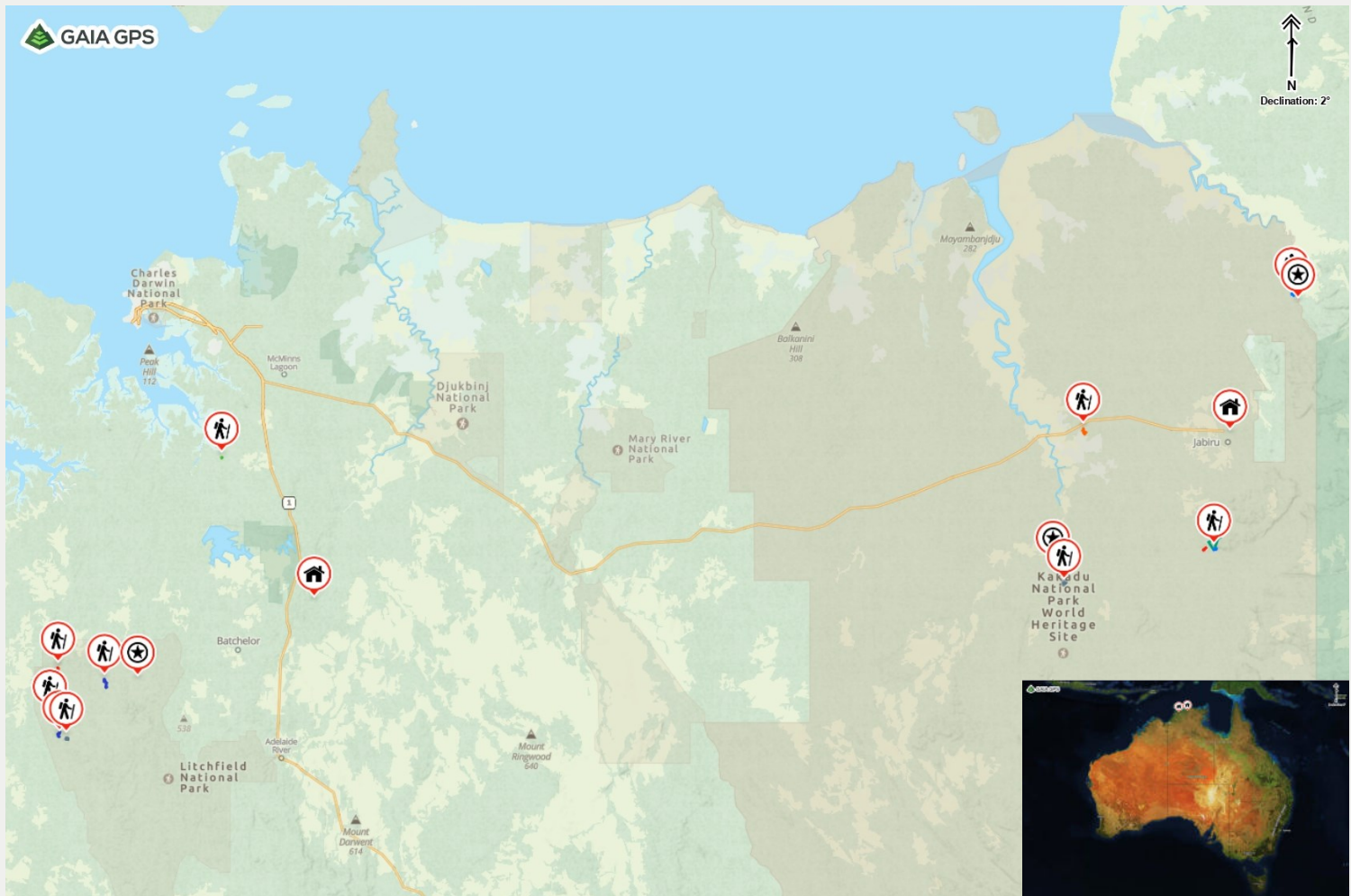
Snacks and antipasto are provided during the trip and include fresh fruit for the trail, biscuits and/or fruit cake for tea breaks. Each night we offer dips, cheese and crackers for pre-dinner nibbles and a self-serve trail mix selection at the start of each day.

Alcohol Our tours do not include alcoholic beverages, however guests are most welcome to bring wine/beer along with them. If you are bringing bottled wine, please pack this well in your main bag to avoid breakages.

There is limited take-away alcohol available to purchase on the journey so we suggest you purchase any alcohol that you want in Darwin the day before.

...we walk the highlights





PACKING CONSIDERATIONS

Please ensure you have packed thoughtfully and adequately. There is limited space in the trailer so it is important not to overpack. Here are some guidelines to assist you in what to pack;

Mosquitos are out during the dry season, don't forget the insect repellent.

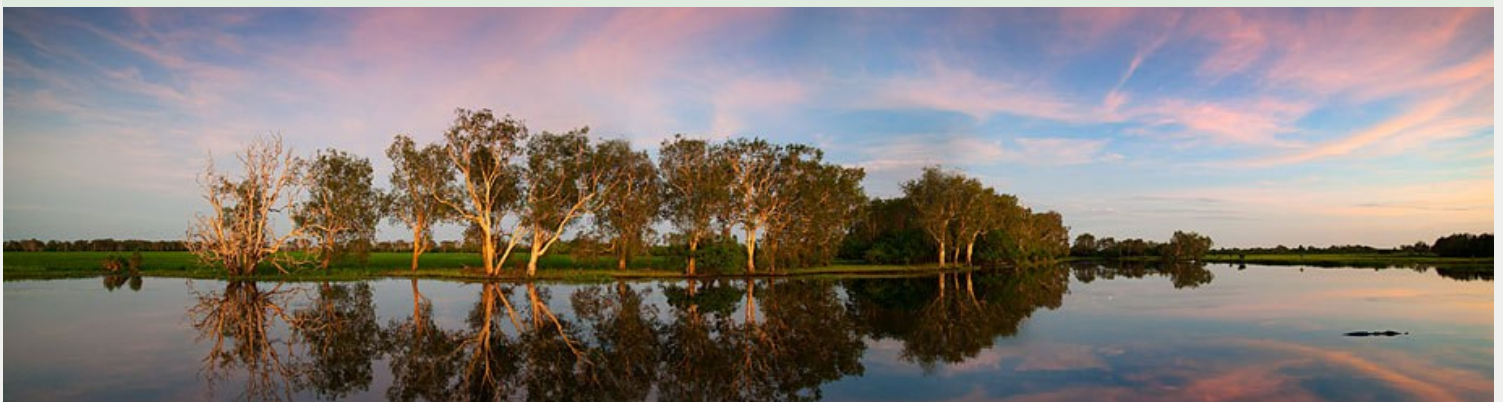
We don't expect rain during the dry season in the top end, but temperatures during the day are around 30 degrees, and mid teens overnight. It is a good idea to bring a lightweight jumper for cooler evenings.

Please ensure you pack light, comfortable and breathable clothing such as cotton or linen, loose fitting pants and comfortable shirts that provide some neck protection from the sun are recommended. Walking in jeans or tracksuit pants is not suitable.

Please ensure you bring a sun hat that provides maximum protection, caps are not suitable.

It is a good idea to have a pair of light sandals that you can wear in the van, in the evenings and when you get out of the water after a swim.

We always recommend walking boots or hiking shoes, walking socks and gaiters/sock protectors be worn - runners/trainers are not suitable footwear other than at the accommodation.



REQUIRED GEAR FOR YOUR ADVENTURE

The two most important items to bring with you are a reliable and comfortable pair of walking boots or shoes that you have worn in, and clothing for sun protection. *Runners and flat-soled shoes are not recommended except as something you can wear after the day's activities.*

Your day pack: We recommend a day pack of at least 20 litre capacity, with a load bearing harness and the ability to carry a water bladder and your required gear.

Here is a suggested list of what walkers will need to be wearing or have in their day pack:

Essential Items

- Water bladder and water bottle. You will need to have capacity to carry 3 litres of water.
- Electrolytes/hydrolytes
- Wide-brimmed hat for sunny days & sun glasses
- Light weight water resistant jacket
- High factor sunscreen & lip balm
- Blister pads and / or tape for rubbing and blisters
- Antiseptic hand gel
- Tupperware container to pack and carry your lunch

Optional Extras (optional but recommended)

- Walking poles
- Ankle Gaiters - *for safety / protection measures*
- Camera
- Binoculars
- Spare batteries for all devices/charger
- Keep cup for any café stops

Main Bag Please bring your gear in a soft bag rather than a hard suitcase to help our guides pack the trailer.

Your main bag is transported for you, you only carry your light day pack while walking.

- 3 pairs long and/or short pants. - preferably loose fitting, lightweight and quick drying
- 2 x Long sleeved shirts—light and breathable - for sun protection
- 5 x T-shirts
- Fleece jacket/woollen sweater – something warm
- Swimmers/Bathers and lightweight towel for swimming days
- Walking socks & underwear
- Lightweight, quick drying towel
- Waterproof, reusable bag for worn clothing
- Comfortable shoes and clothing for evenings and activities
- Toiletries— shampoo/conditioner, body wash, deodorant, toothpaste, personal items and insect repellent etc.
- PPE - Masks, Hand sanitiser and personal use rapid antigen tests



LIST OF WHAT WE PROVIDE -

Our Tours Are All Inclusive

- Two Park Trek guides who are experienced, accredited and safety gear equipped to guide, drive, cook and facilitate your tour experience. Our Guides are our story tellers, our chefs, and our legends in the field!
- Transport which includes collection from, and return to Darwin. We use comfortable 12-seater minibuses with a luggage trailer. We also use the minibus to drop off and pick up during the course of each day.
- Meals - 5 breakfasts, 6 lunches and 5 dinners.
- Snacks including trail mix, antipasto, fresh fruit, biscuits or cake.
- We always have a thermos with plenty of tea, coffee or hot chocolate and a cold drink esky in the van for after walks.
- 5 night's accommodation on a twin share basis (single supplement available at additional cost, subject to availability)..
- All National Parks fees and passes.
- Arnhem Land tour with Top End Day Tours
- Yellow Water Billabong Cruise

PRE and POST TOUR INFORMATION

Pick up location: **Mantra on the Esplanade** - 88 The Esplanade, Darwin. We met at **6:45am for a 7am departure.**

We return to Darwin around 5:00pm on the last day of tour.

Park Trek Outdoor Experiences Pty Ltd

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