



LIGHT TO LIGHT - SAPPHIRE COAST WALKING TOUR
NEW SOUTH WA LES, YUIN COUNTRY / BEOWA N.P.
4 DAYS | 40 KMs | Track grading: 2 – 4 Easy to Moderate

Over four days you will walk the spectacular and varied landscapes of the magnificent New South Wales Sapphire Coast, guided by two qualified and experienced guides. You will enjoy spectacular land and seascapes and diverse flora and fauna, which might include migrating whales or perhaps even orcas which have an extraordinary history in the region. We stay in the beautifully acquainted Seashorse Inn.

WHAT TO EXPECT ON THIS WALKING TOUR

Join us on the newly upgraded, iconic Light to Light Walk in Beowa National Park on the Sapphire Coast. Over four fantastic days of walking and sightseeing, enjoy a spectacular diversity of landscapes; we'll cover approximately 40kms and marvel at amazing rock formations, seascapes, headlands and a variety of bushscapes, you might even see migrating humpback whales or orcas frolicking in the crystal-clear waters of the east coast.

The Light to Light walk hugs the coastline between historic Boyd's Tower and Green Cape Light station. It is regarded as one of the best far south of NSW walks. Enjoy this spectacular walk with just a day pack to carry your essentials. All meals and transport are included, and you will enjoy the company of our friendly, experienced and knowledgeable guides.

Whether the Light to Light walk has been on your list for years, or you're looking for the perfect Sapphire Coast walking holiday, we'd love to help show you the best the region has to offer.

OUR ACCOMMODATION



The Seahorse Inn is a luxurious hotel with well-appointed villas situated on the sandy shores of Twofold Bay. Each villa has two or three bedrooms with shared bathroom facilities, kitchen, air con and a lovely deck to relax and unwind after a day's walking. Your guides will stay in a cabin close by where you will enjoy communal dining. All linen is provided.

Acknowledgement to Traditional Owners

We acknowledge the Traditional Owners of Country and recognize their continuing connection to land, water, skies and culture. We are privileged to learn from them, and we pay our respects to their Elders past, present and emerging. We support the Uluru Statement from the Heart.

DAY ONE
Bundian Way Story Trail & Lake Curalo Track
Distance: 8 kms | 3.5 hrs | Grade: 2, Easy

Today we depart from Merimbula & Cranky Café from where we head south toward Eden and Lake Curalo.

The newly signed “Bundian Way Story Trail” begins at Cocora Beach and goes to Quarantine Bay in Eden. The trail leads through diverse flora and fauna with sweeping coastal views over Twofold Bay and includes beautiful hand-crafted stories about the Bundian Way.

According to Visit NSW “The Bundian Way is an ancient 365km path from Turemulerrer (Twofold Bay) to the Mountain Ranges of Targangal (Mount Kosciuszko) that Aboriginal people from Yuin, Ngarigo, Jaitmathang, Bidwal Country have walked for thousands of years. The Bundian Way provided safe passage between the coast and the high country for Aboriginal people. Travel along the pathway allowed different tribal groups to gather on the shores of Turemulerrer during the spring whale migration and ceremonial places near Targanal for the Bogong gatherings in summer.” It is for this reason of great historical and cultural significance.

Stopping by the Budginbro Lookout on the trail we then walk the sandy beach to conclude at Quarantine Bay.

We then head to Eden enroute to Lake Curalo for an afternoon walk. The boardwalk and walking track meanders around the lakes shore, through swamp melaleuca forest, across salt marsh and over the shallow water where you can see reeds, fish and many species of bird life before you reach the estuary mouth. At low tide you can cross the estuary with some shoes that can get wet.

Today we also visit the Eden Killer Whale museum, preserving Edens whaling, timber and fishing history, including the skeleton of ‘Old Tom’, a famous Killer whale.



DAY TWO
Boyds Tower to Saltwater Creek
Distance: 13.5 kms | 6 hrs | Grade: 3, Moderate

This lovely walk undulates south past spectacular coastal forest, sandy beaches, rocky bays, sheltered inlets and ocean platforms.

Leather Jacket Bay offers a scenic stretch of red rocks, coloured by iron oxide which cemented the sand particles together many millions of years ago, while small and peaceful Mowarry provides a picturesque and idyllic sandy beach for our lunch stop.

There are plenty of spots along the trail to rest and relax, or to enjoy birdwatching. Whales frequent the area from late May to early December so it’s a great time for whale watching while walking along the trail.

After the day’s walk we head back to our accommodation for well-earned pre-dinner nibbles followed by a fabulous two-course meal prepared by your guides.

Meals:

Day 1: Lunch and Dinner

Day 2: Breakfast, Lunch & Dinner



DAY THREE
Saltwater Creek to Bittangabee
Distance: 9.5 kms | 4 hrs | Grade: 3, Moderate

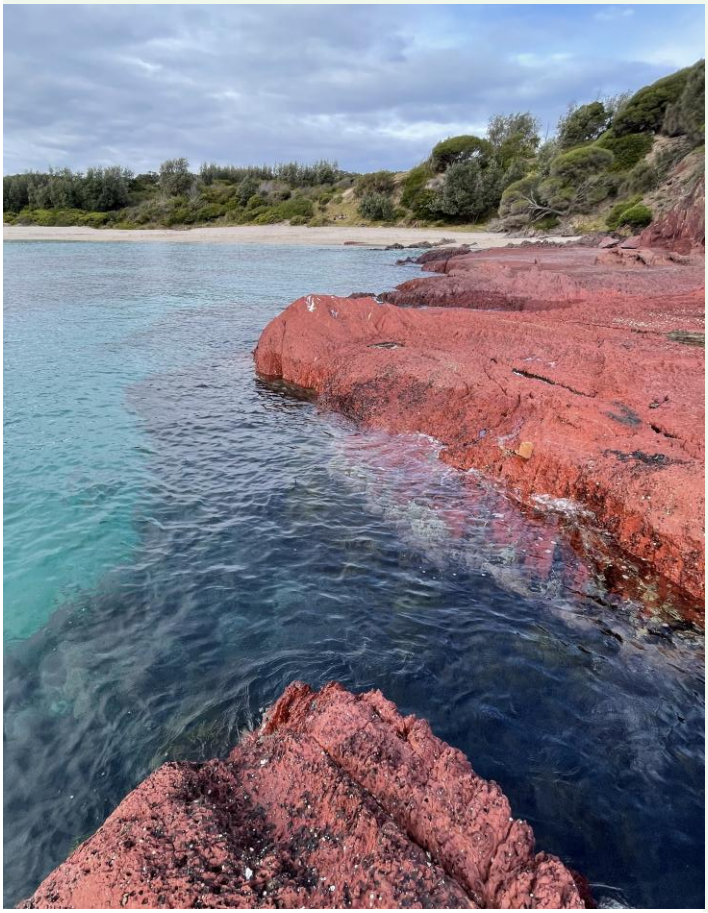
After breakfast and lunch making, we begin our walk today where we finished on day 2 and head south along the stunning Light to Light trail.

The walk from Saltwater Creek to Bittangabee Bay is a gently undulating section. It passes through lovely sections of coastal forest, heath and rock platforms.

There are great opportunities for birdwatching and of course whale watching. Be sure to keep your eyes open for the endangered ground parrots or rare striated field wrens. There is a myriad of other wildlife, if you are lucky, you might catch sight of echidna, kangaroo or goanna in the area.

After the day's walk we head back to our accommodation for a well-earned pre-dinner nibbles followed by a fabulous two-course meal prepared by your guides.

Meals: breakfast, lunch and dinner





DAY FOUR
Bittangabee to Green Cape & Haycock Bay to Barmouth Beach
Distance: 10 kms | 4 hrs | Grade: 2 – 4, Easy to Moderate

After breakfast and lunch making, we pack our belongings into the Park Trek trailer and head off for our final day of walking.

Today we have two shorter walks including the last section of the Light to Light Walk and a short scenic walk just north of Eden. This last section of the Light to Light follows a route that has been travelled by lightkeepers over many years. Originally, supplies for the lighthouse were off-loaded at Bittangabee Bay and remnants of the old horse-drawn tram track still remain.

We travel north through Eden and stop off enroute to Merimbula for our last walk of the trip – the spectacular Haycock Bay to Barmouth Beach walk. This pleasant walk follows the headland on the southern shore of the Pambula River estuary. Offering spectacular views along the pristine coastline of the NSW far south coast, this walk captures the remote beauty of Beowa National Park. On this walk you will pass through a range of landscapes from windswept heath to woodlands while taking in views of rugged rock formations and dramatic cliff lines.

From here we head back to Merimbula, aiming to be back in town by approximately 5pm. So, if flying out after the tour please do not book flights before 7pm.

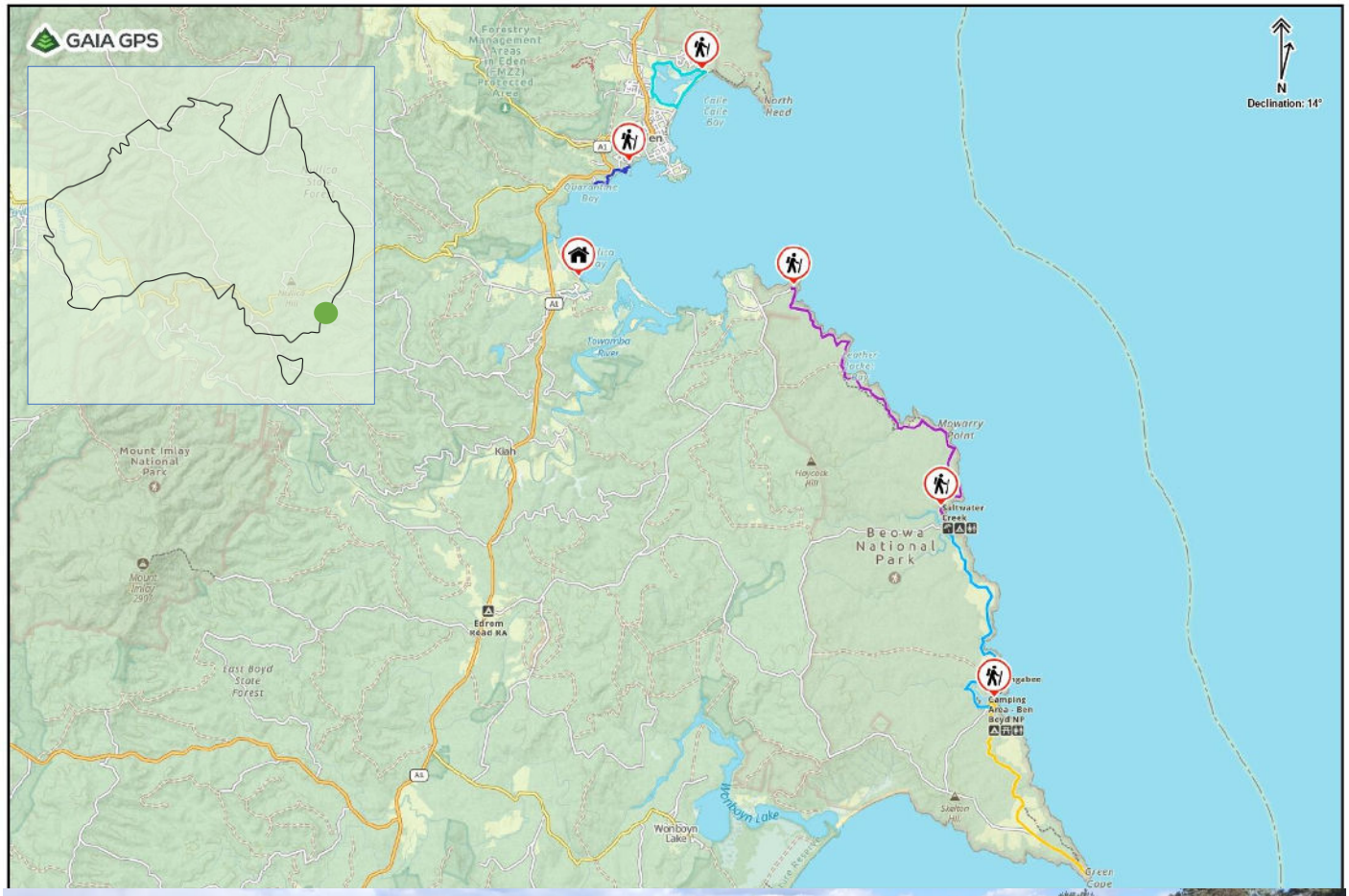
Meals: breakfast and lunch.

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SAPPHIRE COAST WALKING TOUR, NEW SOUTH WALES, YUIN COUNTRY / BEOWA N.P.

WALK OVERVIEW & MAP

Location: Sapphire Coast, NSW
Duration: 4 days / 3 nights
Total distance: 40 kms, typically 4 – 6 hours of walking each day
Typical grade: Grade 2 – 4, Easy to Moderate
Group size: Maximum of 10 guests and 2 guides
Accommodation: Villa accommodation in twin-share configurations.
Nature of activity: Trekking with a day-pack, carrying only your bare essentials and daily lunch.





OUR COMMITMENTS & OTHER MATTERS

Our commitment to sustainable tourism

We are committed to sustainable travel and 'leave no trace principles', in line with our Ecotourism Australia accreditation among other things. As such we encourage guests recommend that you bring along your own food containers (medium size for lunch, and small for trail mix), beeswax lunch wrap, keep cup etc. if you have them. However, please do not buy any of these items if you don't have them as we can supply containers for lunches.

Our commitment to reconciliation

Park Trek acknowledges the Traditional Owners of Country and recognizes their continuing connection to land, water, skies and culture. We are privileged and proud to walk this beautiful country that has been cared for by Traditional Owners for over 60,000 years. We pay our respects to their Elders past, present and emerging. We support the Uluru Statement from the Heart, and through our Reconciliation Action Plan we are committed to action for reconciliation.

Travel insurance and other matters

Park Trek strongly recommends travel insurance, please check with your individual provider for more information regarding coverage for unforeseen circumstances, e.g. flight delays, illness or Covid-19. Please see our T&C's on our website for more information.

The unpredictable forces of nature

All our tours are subject to the occasionally unpredictable forces of nature. Indeed this is the spirit and attraction of adventure. As such our guides may alter our proposed tour itinerary where necessary having regard to Governmental changes, environmental and safety considerations. They will always strive to provide the most scenic and enjoyable walks possible in the environmental circumstances.

Please refer to the Australian Walking Track Grading System for grading of all walks on this tour.

Our guides hold the experience and knowledge that enables them to adjust our itinerary on any given day in regard to group safety and consideration and hold to right to do so at their discretion.



OUR MEALS ON TOUR

The food served on tour is designed to be healthy, hearty and home style. Our menus seek to showcase regional produce, including local cheeses, yoghurt, fruit, vegetables and meats, and to support local farmers and minimise food miles. Our tours can accommodate most dietary needs, however these should be specified at the time of making your tour booking.

Breakfast is a continental spread of muesli, fruit, yoghurt, toast and spreads. Coffee and tea are always available.

Lunch may vary from day to day, but includes sliced meat, salad, rolls, bread and wraps. Some days might include something different like roasted chicken.

Dinner is a casual two-course meal of main and dessert prepared by your guides. The menu changes to suit available fresh produce but could include a classic roast lamb, curry or similar. Dessert may include things like apple crumble, mini pavlovas or seasonal fruit salad.

Snacks & antipasto are provided throughout and include fresh fruit for the trail, biscuits and/or fruit cake for tea breaks. Each night we offer cheese, dips and crackers as pre-dinner nibbles and self-serve trail mix selection at the start of each day.

Alcohol Our tours do not include alcoholic beverages, however guests are most welcome to bring wine/beer along with them. If you are bringing bottled wine, please pack this well in your main bag to avoid breakages.

...we walk the highlights

REQUIRED GEAR FOR YOUR ADVENTURE

The two most important items to bring with you are a reliable and comfortable pair of walking boots or shoes that are worn in and a good quality rain jacket. *Runners and flat-soled shoes are not recommended except to wear after the day's activities*

The weather can be quite variable on the south coast of NSW so your waterproof jacket is an essential item while on tour, regardless of the weather forecast.

Your day pack: We recommend a day pack of at least 20 litre capacity, with a load bearing harness and the ability to carry a water bladder and your required gear.

Here is a suggested list of what walkers should wear or have in their day pack**:**

Essential Items

- Rain jacket *Good quality, seam sealed with a hood
- Fleece jacket
- Extra warm wind proof jacket
- Wide-brimmed hat for sunny days
- Beanie or woollen hat & gloves for cold days
- Water bladder and water bottle, 2 litre capacity
- Electrolytes / hydrolytes
- High factor sunscreen and lip balm
- Blister pads and / or tape for rubbing / blisters
- Antiseptic hand gel
- Sunglasses
- Tupperware container to carry your lunch
- **Optional Extras** (personal preferences)
- Walking poles
- Gaiters *for safety / protection measures*
- Camera and Binoculars
- Spare batteries for all devices/charger
- Keep cup for any café stops

Main bag: *Please bring your gear in a soft (rather than hard) bag to help your guides pack the trailer. Your main bag stays at our accommodation as you only carry your light day pack walking.*

- 2 pairs long and/or short pants - preferably loose fitting, lightweight and quick drying
- 2 long sleeve shirts - light, breathable sun cover
- 4 x T-shirts
- Fleece jacket/woollen sweater for warmth
- Swimmers/bathers, lightweight towel for swims
- Walking socks & underwear
- Thermals to keep warm in blustery conditions
- Waterproof, reusable bag for worn clothing
- Comfortable shoes / clothes for evenings
- Toiletries— shampoo/conditioner, deodorant, soap, toothpaste, repellents and personal items
- PPE - Masks, hand sanitiser, rapid antigen tests



LIST OF WHAT WE PROVIDE

Our tours are all-inclusive

- Two guides who are experienced, accredited and safety gear equipped to guide, drive, cook and facilitate your tour experience. Our guides are story tellers, chefs, and legends in the field!
- Return transfers which includes collection from and return to Merimbula. We use a comfortable 12-seater minibus with a luggage trailer. We also use the minibus for all drop offs and pick ups throughout the tour.
- 3 night's accommodation on a twin share basis (single supplement available at additional cost, subject to availability).
- Meals and non-alcoholic beverages, including 3 breakfasts, 4 lunches and 3 dinners.
- Snacks throughout, including trail mix, pre-dinner antipasto, fresh fruit, biscuits or cake. On trail thermos tea, coffee or hot chocolate.
- All National Parks fees and passes.
- Entry into the Killer Whale Museum & guided tour

PRE- AND POST TOUR INFORMATION

Pick up location & time: We depart from:

- **Merimbula RSL** – 50 Main St, Merimbula – **we meet at 8am for an 8:15am departure.**
- **Cranky Café –** 33 Ocean Drive, Merimbula – **we meet at 8:20am for an 8:35am departure.**

Drop-off location & time: We return to Meribula at around 5:00 pm on the final day of tour.

If flying out that night, we recommend booking a flight at or after 7pm to be on the safe side.

Contact our team for details on a discount offered for return Park Trek Guests.

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